

LORA SOMOZA

“The Naughty Dear Abby”

“Sex is Mother Nature’s hottest Roller Coaster ride, and I want everyone to have a happy and healthy sex life...whatever that looks like to you.”

Often referred to as the “West Coast Carrie Bradshaw” or the “Naughty Dear Abby,” Lora Somoza is a sex educator and advice columnist.

Currently, Lora writes an online sex advice column that goes out bi-weekly to over 30,000 loyal readers all over the world with circulation growing everyday. Known for her blunt, straight talk laced with her own brand of humor, her readers are fiercely loyal followers.

The story of Lora begins when she graduated from UCLA in 1994 with a BA in English Literature and Creative Writing. After spending seven years working in the film industry honing her skills in script development, she turned her talents towards freelance journalism writing articles for various online magazines. She became the head writer of two web sites – www.singlestylish.com and www.goodbadgirl.com, writing humorous advice for women worldwide, focusing on dating, love and relationships.

Realizing the popularity of her columns and understanding the needs of what her readers really wanted to hear, she started immersing herself in research finding all that she could to help create explosively exciting sex lives for women of all walks of life, Lora interviewed hundreds of couples, experts in the field and read every book on the subject she could get her hands on. The result is her e-book, “Bliss in the Bedroom: A Real Woman’s Guide to Better Sex.” (www.blissinthebedroom.com).

Lora says, “The most important skill you need to master in bed is communication. This is where all problems stem from and where all can be solved. The mass majority of challenges couples face is the overwhelming fear of addressing what they really need or what they are really feeling in the bedroom. Learning how to express your needs or concerns in a constructive way and keep a sense of humor it will create a deeper intimacy than you’ve ever had before.”

She has appeared on numerous radio shows and has even been interviewed by the Associated Press. She is the sexuality expert on several sites, such as Howtothings.com, Racy.com and now, [Cleo’s Boutique](http://CleosBoutique.com) (www.cleosboutique.com). She resides in Los Angeles and continues to write on the topics of love and sex. “Women have two g-spots, the one between their legs and the one between their ears.”

For more on Lora, please visit her web site at www.blissinthebedroom.com.