

What He REALLY Wants When He Gets Home

How is your life in the bedroom lately?

I know almost everyone I've talked to lately seems to be going through rough times.

And it starts in the real world, but bleeds into the bed, know what I mean?

A lot of my friends have been complaining that their sex life is flat-lining right now.

Why?

Their men are STRESSED OUT.

The economy is kinda sucky, and bills are piling up. People are freaking out left and right.

Stress can KILL your sex life, if you don't watch out.

And though we know that sex is a great stress reliever, sometimes it's hard (or NOT HARD, as the case may be...) to get in the mood when you come home egg-zausted from dealing with daily crapola.

But what is it that we want when life gets too nuts?

We want a little tender lovin' care, right? Well, I was thinking about this the other day.

I know I like to be cared for when I'm having a bad day... So I'm sure you do too and so does your man. And, sometimes the kindest and SEXIEST acts can come when they are completely unexpected.

So the next time your man comes home from a day of dealing with nut jobs, bills and traffic, why not give him a present, strictly to be kind?

Those random acts of intimate kindness are beautiful ways of telling your man, "I'm gonna take very good care of you, baby."

This goes doubly for the man whose sex drive has been lower lately because of outside worries or being overworked.

We all want to know we are loved and not taken for granted. A surprise sensual gift may be just the thing that reminds him that the two of you are on the same team. And that intimacy translates from the head in his pants to the head on his shoulders.

So next time you sense your man is tense, try this erotic TLC and give for the sake of giving.

See if it doesn't help get the two of you back on track in the sack! (Wow, I sound like a kinky Dr. Seuss!)

What your man needs, especially after a hard day at work, is an EROTIC MASSAGE.

Yeah, yeah, a massage, you say. WHATEVER...

But if you follow my suggestions, your man will be eating out of your hands.

First thing you've got to do is keep in mind that men are very visual creatures. They love their ladies naked. So I suggest that is how you give him a massage. Or maybe just a cute little pair of panties. But you're going to want to be topless later...

Get him to lie down naked, under a towel.

(Although, that may be somewhat HARD to do if you're naked, showin' your boobies and all, wink, wink.)

Microwave some wet washcloths. You're going to take them and wrap them around his feet. Not only does this feel ooooooh so good on his little toes, but it will save you from smelling stinky feet. (Hey, I'm looking out for you...)

Get yourself some lotion and slather it all over his little footsies. The aromatic massage oil by Kama Sutra is a good lotion to try. It not only feels good, it smells good too.

http://www.cleosboutique.com/view_item.php?id=117& Take your two thumbs and massage the oil up from the heel. Work inward out, slowly and deliberately. Then gently pull on each toe, to lightly stretch them out.

Now after you've spent some time on his feet, it's time to move on to his hands. You're going to want to take your thumbs, and with a slow, circular motion, massage the palms of his hands. Finish up again with slight pulls on each finger. You can even lightly touch each fingertip with your mouth, just a little coming attraction, if you get my drift.

Now the real fun for him begins. While he's lying on his stomach, get on top of him. Straddle him. As I said, panties optional here...

Get yourself a liberal amount of lotion and smother it all over his body. Start rubbing up and down his spine and from the spine out.

Occasionally, give him a little squeeze with your thighs, just to keep him excited.

Take a moment to go up and down his back with your nails, ever so slightly scratching his back. Then go back to massaging his shoulders and neck.

You can have a lot of fun here, teasing the hell out of him. Let your nipples rub up and down against his back as you rub his shoulders. Or lightly lick and nibble on his ears while you rub his neck, then take out your nails again and lightly scratch up and down his arms.

Make sure you spend some time slowly rubbing that yummy little butt of his, wide circular motion with all four fingers together, then caresses with your finger tips up and down his legs and butt.

He'll be in sensory overload...

Now, before you have him flip over, take a moment to run your fingers through his hair (or just scratch his scalp) and then take your thumbs and rub his temples with slight pressure in a circular motion.

NOW, have him flip over...

He should be lying on his back and you should, again, be straddling him. This is the other reason you can be topless, it's an added bonus for him, to have one of his favorite views while being pampered.

Just give him a light massage on his chest, rub his pecs and his arms, while stealing a kiss every once and a while... if he's still just lying there and hasn't actually pounced on you like a black panther. And don't forget his nipples. You can lick them, lightly put them between your teeth, rub your nipples against his... He'll be DYING with desire.

But that's not all...

What massage would be complete without a HAPPY ENDING?

That's right. Feed his fantasy and give him a fabulous BJ. It will be the happiest happy ending he's ever had.

NOW THAT will be a welcome home that he will never forget. And you will have made your man so much more appreciative of his sexy, hot, spontaneous, rockin' woman -- YOU.

(This is an excerpt from Lora's Ebook, "Bliss in the Bedroom." To get your copy, download here: <http://www.blissinthebedroom.com/ebook>)